

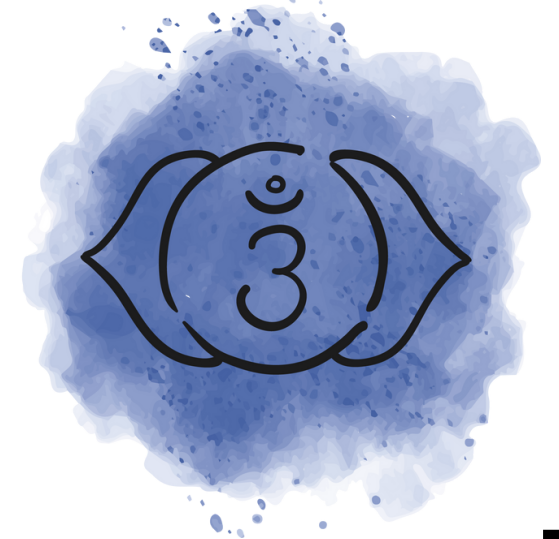
CHAKRA AFFIRMATIONS

CROWN CHAKRA (SAHASRARA)



"I am connected to the universe"

THIRD EYE CHAKRA (AJNA)



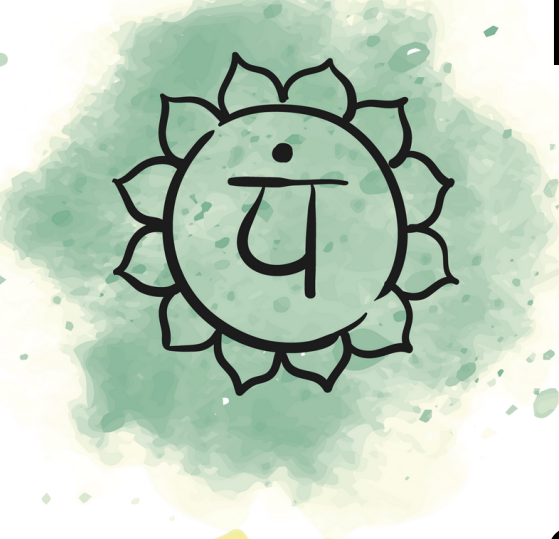
"I allow my intuition to guide me"

THROAT CHAKRA (VISHUDDHA)



"I communicate my truth with ease"

HEART CHAKRA (ANAHATA)



"I am worthy and deserving of love"

SOLAR PLEXUS CHAKRA (MANIPURA)



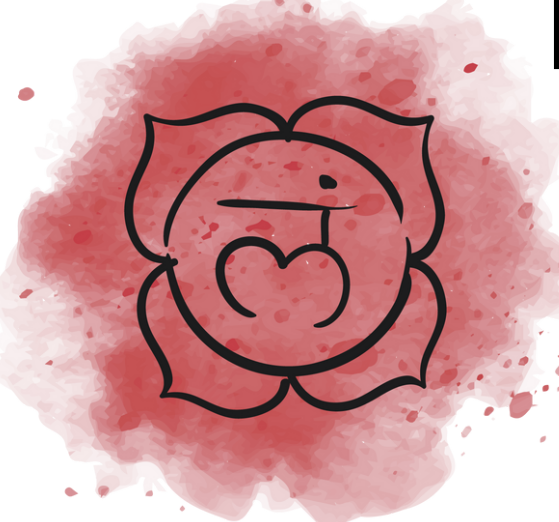
"I embrace my personal power"

SACRAL CHAKRA (SVADHISTHANA)



"I am filled with creativity and joy"

ROOT CHAKRA (MULADHARA)



"I am safe, secure, and protected"